

The Kookaburra

North Nowra Public School News

Empowering a Positive future for our Learning Community

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FACEBOOK: North Nowra Public School

Term 1 Week 8

Tuesday 19th March 2019

Term 1, 2019	
Week 8	
Thurs 21 st March	Harmony Day
Thurs 21 st March	PSSA Netball Trials – Shoalhaven Netball Courts
Fri 22 nd March	AFL Sport Coaching K-6
Week 9	
Mon 25 th March	PSSA Cricket Trial – Figtree Oval
Mon 25 th March	Whole School Assembly 2pm
Tues 26 th March	RSPCA Dog Safety K-2 & Support
Wed 27 th March	Stage 2 Auskick Gala DAY
Fri 29 th March	AFL Coaching Skills K-6
Fri 29 th March	Indigenous Tennis Day - Bomaderry
Week 10	
Tues 2 nd April	K,1 & 2 AFL Skills Day
Tues 2 nd April	Parent Teacher Interview Evening



Yes everybody the PRC is on again this year. The aim is to support students in developing a love of reading for pleasure and to provide them with opportunities to experience quality literature.

All students in K-2 will complete the challenge through the school Library and classroom literacy programs by exploring and discussing 30 books from the PRC Book List.

Students in classes 3-6 need to independently read 20 books between **March 4** and **August 30**. They will be provided with a reading log in which to record their titles. We encourage all families to support this valuable program.

Following online validation by the school, successful students will be presented with their certificates at our end of year assembly.

More information can be found on their website

<https://online.det.nsw.edu.au/prc/home.html>

or drop into the library on Tues – Thurs if you have any questions.

Mrs Clifton (Co-ordinator)

Staff Profile – Mrs Dowse



Name: Mrs Jess Dowse

Class: KD (Kindergarten)

Why did you become a teacher? To help children reach their full potential and see them learn, grow and be the best they can be.

What are your favourite books? 'Thelma the Unicorn' and 'Pig the Pug'.

What is your favourite

place to have travelled to and why? Tasmania.

Beautiful nature, bushwalking and food.

Do you have any pets? If yes, what kind? I have two sausage dogs named Wally and Peggy. (I am sausage dog obsessed!)

If you were a superhero for a day, who would you be and why? I would be Superman/Superwoman, so I could fly anywhere in the world.

Do you have a favourite teaching memory you would like to share? Dressing up as Snow White for Book Week 2018 - the students actually thought a real life Snow White was teaching them for the day!

I have many fond memories of witnessing "light bulb" moments where students achieve their learning goals. I also love seeing how far students come from Term 1 - Term 4.

Bake Sale



The P&C will be accepting baked good donations to sell at their fundraising BBQ next Saturday 23rd March.

Donations can be dropped off to the canteen on Friday 22nd March (this Friday)

from 2:30 - 3:15pm.



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Cross Country 5th April

The Cross Country is on Friday April 5th. Closer to the date we will put a call out for parent volunteers to help on the day, as we usually do.



For new families, we always welcome our school community to the event and we put a timetable of the event details up close to the day, so you can plan what time to come and watch your child.

We welcome you to stay for the day - it is always fun! Watching the kindergarten students and their buddies is a real treat!

Don't forget to get your note and \$10 in as soon as possible. Thankyou.



EVERY DAY COUNTS....

A day here or there doesn't seem like much, but...

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ a years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Give your child every chance to succeed...

Every day counts!



Whooping Cough (Pertussis)

Information for Childcare and Schools

There is an outbreak of whooping cough (pertussis) in NSW, mainly affecting school-aged children.

Coughing spreads the infection to others nearby. Whooping cough can spread to anyone at home, including younger brothers and sisters. Whooping cough can be especially dangerous for babies.

Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. The infection can occur even in fully-vaccinated children. Older children may just have a cough that is persistent and may be worse at night.

- Children with these symptoms should see a doctor.
- If your doctor diagnoses whooping cough in your school-aged child, please let the school know and keep your child at home until they have taken 5 days of antibiotics. Keep coughing children away from babies.
- Whooping cough vaccines give good protection against infection but immunity fades with time. Check that all your children are up to date with their vaccines, due at 6 weeks, 4 months, 6 months, 4 years and 12 years of age (offered to all Year 7 students through the NSW school-based vaccination program). A booster is also recommended at 18 months of age.

A booster dose of vaccine is also recommended for adults that are in contact with young children, such as school staff and parents.

Pregnant women are recommended to have a booster dose during each pregnancy and this is funded by NSW Health.

For more information on whooping cough vaccination please see [vaccination during pregnancy](#)

Those who are new parents or carers of babies should consult their general practitioner about appropriate immunisation.

Your local public health unit can provide advice about whooping cough on 1300 066 055



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Community Announcements



Department of
Primary Industries



Kids' fishing workshop



Kids 8–14 years old are invited to come and learn to fish safely and responsibly. Instructors are experienced volunteers and staff from the Department of Primary Industries.

The day runs from 10 am to 2 pm and involves fishing techniques, bag and size limits, and fish handling for best release techniques.

COST is \$40 PER CHILD, and includes
 * rod and reel combination
 * shirt * hat * tackle box
 * show bag—all to take home!

BOOKINGS ARE ESSENTIAL.
 Maximum 25 participants.

Locations and Date

Lake Illawarra,	Wednesday 24 th	April 2019
Greenwell Point	Tuesday 23 rd	April 2019
Batemans Bay	Tuesday 16 th	April 2019
Merimbula	Wednesday 17 th	April 2019

To book, e-mail stephen.thurstan@dpi.nsw.gov.au or ring Stephen Thurstan, 0438 245 190

Details on the web: <http://www.dpi.nsw.gov.au/fisheries/recreational/info/workshop>
 NSW DPI fishing workshops are run with the assistance of the Fishcare Volunteers and are supported by funds from the Recreational Fishing Trusts



NOWRA RELAY FOR LIFE

30 – 31 March, 2019
 Nowra Showground

Call 4223 0200 to register
www.cancercouncil.org.au/nowrarelax

Funds raised support the local community by providing accommodation, transport to treatment, and access to information and support for local cancer patients and their carers. Funds also contribute to important research and prevention programs that help to reduce the risk of cancer on the local community.

[f nowrarelaxforlife](https://www.facebook.com/nowrarelaxforlife)

[nowra.relax](https://www.instagram.com/nowra.relax)



NOWRA WARRIORS JUNIOR RUGBY LEAGUE FOOTBALL CLUB

PO Box 876
 Nowra NSW 2541

The Nowra Junior Warriors invite you to join them in the 2019 NRL season.

We cater for ages from 6-16 for both boys and girls with training sessions 2 nights a week and a Saturday game against other local clubs.

If you're interested in making some friends, having some fun, getting active and playing some football, then come and join us.

Active kids vouchers are also welcome to register with our club, we would be delighted to have you join our team.

For more information please contact us at any time.

Kind regards

Erin Scharfegger

Secretary of the Nowra Junior Warriors

Ph: 0422245222

Email: juniowarrior@outlook.com



BERRY SHOALHAVEN HEADS



Play **JUNIOR** Rugby League!
 Boys and Girls Join the Mighty Magpies in 2019!
 From Under 6 to Under 16

**REGISTER
NOW!**

GO TO
WWW.PLAYNRL.COM

[f](https://www.facebook.com) Find us on
 Facebook

Rego \$150 includes
 socks and shorts

Use your \$100 Active Kids
 Voucher and only pay \$50

Come to our Open Day on Saturday March
 16 at the Berry Showground to collect
 your gear from 10am to 12pm.

CONTACTBERRYJUNIORLEAGUE@GMAIL.COM

NORTH NOWRA PUBLIC SCHOOL
Summer Canteen Menu (Term 1 2019)

DAILY SPECIALS - \$5.00 <i>Includes a 250ml juice and a bag of popcorn</i>	
MONDAY	CANTEEN CLOSED
TUESDAY	Pizza Day
WEDNESDAY	Fried Rice
THURSDAY	Nachos
FRIDAY	CANTEEN CLOSED

HOW TO ORDER YOUR CHILD'S LUNCH

1. Please write your child's NAME, CLASS and ORDER on a bag.
2. Place money inside the bag and give the order to the canteen BEFORE 9AM for NNPS students, 9:30AM for Havenlee students.

If you do not have a bag, please follow this procedure with an envelope and enclose \$0.10 additional for purchase of a bag. All change will be taped to the bag and returned to your child.

FRESH SANDWICHES <i>Can be served on Rolls or Wraps for \$0.50 extra</i>	HOT LUNCHES <i>Must be pre-ordered before school</i>	SNACKS <i>Available for pre-order and purchase at first break</i>
Vegemite \$1.50 Cheese \$2.00 Cheese/vegit – Vegemite & Cheese \$2.50 Ham/Ham & Cheese \$2.50 Chicken/Chicken & Cheese \$3.00 Egg, Lettuce & Mayo \$3.00 Tuna, Lettuce & Mayo \$3.00 Sumo Salad – Lettuce, Tomato, Carrot, Beetroot, Cucumber & Cheese \$4.00 Sumo Salad w/Ham OR Chicken \$4.50 <i>Additional toppings \$0.50</i> Tomato, Carrot, Beetroot, Cucumber, Avocado, Egg, Cheese	Sausage Roll \$2.80 Mini Pie – maximum of 4 per student \$1.00 Additional Sauce: Tomato or BBQ \$0.30 Chicken Burger – with Lettuce & Mayo \$3.50 <i>Additional toppings \$0.50 each</i> Nachos – with Chips, Cheese & Greek Yogurt \$3.50 Loaded Nachos – with Chips, Cheese, Greek Yogurt, Avocado & Sweet Chilli Sauce \$4.50 <i>All nachos available as Meat or Vegetarian options</i>	Fresh Popcorn \$0.50 Rice Crackers – Salt & Vinegar, Cheese, BBQ, Original \$0.50 Dried Apple \$0.10 Seasonal Fruit OR Veggie Cups \$1.50 Custard/Yogurt Cups \$0.50 Garlic Bread \$0.50 Sweet Chilli Cheese Wraps \$1.00 Baked Treats – availability varies weekly. Prices range from \$0.20 – 0.50
DRINKS <i>Available for purchase before school and first break</i>	Pizza – Ham & Pineapple, Cheese & Bacon \$3.50 Sweet Chilli Toasted Chicken Wrap – with Greek Yogurt & Cheese \$3.50 Fried Rice \$3.00	FROZEN TREATS <i>If pre-ordered, students need to return bag to collect</i>
Hot Milo \$1.00 Fruit Juice (250mls) – Apple, Apple & Blackcurrant, & Orange \$1.50 Flavoured Milk (300mls) – Chocolate, Strawberry & Banana \$1.50 Bottled Water \$1.00	Ice Block (Berry Quench) \$0.50 Twisted Frozen Yogurt – Strawberry & Vanilla, Watermelon & Mango, Chocolate & Vanilla, Raspberry & Coconut \$2.00	



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