

The Kookaburra

North Nowra Public School News

Empowering a Positive future for our Learning Community

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FACEBOOK: North Nowra Public School

Term 1 Week 04

Tuesday 17th February 2020

Term 1, 2020	
Week 04 → 17 th February to 21 st February	
North Nowra Way – Use manners	
Monday 17 th	• P&C Meeting School Staffroom 6:30 pm
Tuesday 18 th	
Wednesday 19 th	
Thursday 20 th	
Friday 21 st	• Sport's House Captain Elections
Week 05 → 24 th February to 28 th February	
North Nowra Way – Follow directions the first time	
Monday 24 th	• Whole School Assembly 1:20 pm
Tuesday 25 th	
Wednesday 26 th	
Thursday 27 th	• District Swimming Carnival
Friday 28 th	• Clean Up Australia Day event
Week 06 → 2 nd March to 6 th March	
North Nowra Way – Care for property	
Monday 2 nd	• SRC Elections
Tuesday 3 rd	• School Photo Day
Wednesday 4 th	•
Thursday 5 th	•
Friday 6 th	•

This calendar is correct at time of printing. ClassDojo will have the most up to date event information

School SMS Number – 0439 293 987

In 2020 we are continuing to use SMS Absence Notifications to inform parents of student absence and to remind families to send an explanation for their child's absence. The school now has a designated SMS (text only) number. If families set the SMS number as a contact in their phones, they will know when the school has sent an SMS. Please reply with the child's name and reason (explanation) for absence when you receive the SMS notification. Failure to provide a justified reason will result in an 'Unexplained' absence being recorded.

No students at school before 8:20 am

Due to limited supervision, students should not be at school before 8:20 am. Students are to sit under the COLA when they arrive at school until a teacher is on duty at 8:30 am.

Supporting students who are Anaphylactic at North Nowra Public School

Anaphylaxis is a severe, rapidly progressive allergic reaction that is potentially life-threatening. The most common allergens in school-aged children are peanuts, eggs, tree nuts (e.g. cashews), cow's milk, fish, shellfish, wheat, soy, sesame, latex, certain insect stings and medication. The key to prevention of anaphylaxis in schools is knowledge of those students who have been diagnosed at risk, awareness of triggers (allergens), and prevention of exposure to these triggers. Partnerships between schools and parents are important in ensuring that certain foods or items are kept away from the student whilst at school.

Common Symptoms

- Difficult and/or noisy breathing
- Swelling of the tongue
- Swelling or tightness in the throat
- Difficulty talking and/or hoarse voice
- Wheeze or persistent cough
- Persistent dizziness or collapse in its place
- Pale and floppy (in young children)

Supporting North Nowra Public School Students

Recently the school was notified a student who attends the school has a rapid allergic reaction to peanuts. The school has taken significant actions to support the student, and we ask that the community support us in ensuring the safety of the students at North Nowra Public School.

The school is;

- providing a safe and supportive environment in which students at risk of anaphylaxis can participate equally in all aspects of the student's schooling,
- raising awareness about anaphylaxis and the school's anaphylaxis management policy in the school community and with students across the school,
- engaging with parents/carers of students at risk of anaphylaxis in assessing risks, developing risk

minimisation strategies and management strategies for the student,

- ensuring that each staff member has adequate knowledge about allergies, anaphylaxis and the school's policy and procedures for responding to an anaphylactic reaction.

What families can do to support

Families can also support the school to minimise the risk of accidental exposure. We seek families cooperation in not sending nuts or nut-based products with your child for morning tea or lunch, e.g. peanut butter sandwiches, packets of nuts, snacks with dried fruit, nuts, Nutella etc.

Other actions families can take to support;

- discuss what anaphylaxis looks like and the symptoms
- discuss safe practices to avoid accidental exposure;
 - handwashing before and after food
 - cleaning teeth where possible after eating foods that have high allergy risks for others (e.g. peanut butter for breakfast)
 - follow the school expectation that food is not shared with other students
 - keep hands and feet to self at school (including kissing friends)
- not send peanut, and any other nut-based products to school
- discuss with their children what they would do if they saw their friend showing signs of an anaphylactic reaction
 - report the problem to a staff member/adult immediately
 - follow staff directions the first time
 - remain calm and let staff support their friend so that treatment can be given quickly

If families need more information about anaphylaxis goto <https://allergyfacts.org.au/>

My Country - Dorothea Mackellar - Verse 2

*I love a sunburnt country,
A land of sweeping plains,
Of ragged mountain ranges,
Of droughts and flooding rains.
I love her far horizons,
I love her jewel-sea,
Her beauty and her terror
The wide brown land for me!*

Over the last few weeks, our great country has challenged our well being. If you feel that the school can support your family with these events, please let staff know so we can follow this up with you.

The North Nowra Way Focus

Children are learning about the following school values for the next three weeks.

Week 4 – We use manners



Week 5 – We follow instructions the first time



Week 6 – We care for property



